

# Shasta County Board of Supervisors Proclamation

## ACEs, Resilience, and Hope Awareness Month March 2023

**WHEREAS**, Adverse Childhood Experiences (ACEs) and trauma have been identified as one the major public health issues in California and the United States; and

**WHEREAS**, the research confirms with scientific evidence that trauma during development increases the risk of physical, mental and behavior problems later in life; and

**WHEREAS**, Shasta County has a significantly higher level of ACEs than the statewide average; and

**WHEREAS**, ACEs include experiences in children, prior to the age of 18 years, of physical and emotional neglect; physical, emotional and sexual abuse; and household dysfunction including an incarcerated relative, substance use, divorce, domestic violence and mental illness; and

**WHEREAS**, Shasta County has had several community traumas during the past decade, including the Carr Fire in July 2018, the Zogg Fire in September 2020, the Dixie Fire in July 2021 and the pandemic, that have exacerbated the effects of ACEs; and

**WHEREAS**, the Strengthening Families Collaborative (Far Northern Regional Center, First 5 Shasta, Pathways to Hope for Children, Northern Valley Catholic Social Service, One Safe Place, Shasta County Office of Education, Shasta County Probation, Shasta County Health and Human Services Public Health, Shasta County Health and Human Services Behavioral Health and Social Services, Shasta Headstart, Youth Options Shasta), was established in 2012 with the mission of strengthening families to overcome adversity by building hope and resilience; and

**WHEREAS**, the Strengthening Families Collaborative meets monthly to support and promote resilience and hope in Shasta County; and

**WHEREAS**, the Shasta County Board of Supervisors strongly supports the efforts of the Strengthening Families Collaborative to build a healthy community of strong and resilient families; and

**NOW, THEREFORE**, the Shasta County Board of Supervisors hereby proclaims March 2023 as **ACEs, Resilience, and Hope Awareness Month**, supporting the efforts of the Strengthening Families Collaborative to increase public awareness about ACEs, resilience, and hope in Shasta County.

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Patrick Jones, Chair

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February 28, 2023

Date